



Refugee Health Assessment and Vaccinations

Halima Muhumed
Community Health Worker
Center for New Americans



About Me

- ❖ Originally Somali
- ❖ Came to United states through USR

Achievement

- Registered Medical Assistant (RMA)
- Community Health Worker (CHW)
- Certified Nurse Assistant and Medication-Aide



Core Services - navigating health care system and providing with necessary tools to improve general health

Medical insurance

Referral & Appointments

Advocacy

Community Resources

Vaccinations and mental health screenings



Promoting and Educating Health & Wellbeing

Clinical Preventive services including;

- ❖ Promoting lifestyle change and disease management
- ❖ Immunizations against Infectious Disease
- ❖ Regular health screening

Lack of immunizations caused by;

- Cultural influences
- Fear about safety
- Lack knowledge



Mental health concerns

- ❖ Post trauma: This can be physical or mental. exposure to war and violence, torture, rape and hardship or previous lack of access to medical services
- ❖ Depression/anxiety: The stress of being forced to flee and then having to adapt in a new environment
- ❖ Psychosis: Resettlement stress and social isolation, language and cultural barriers or previous lack of access to medical services



Vaccines

- ❖ Vaccinations required for immigration purposes includes:
 - MMR
 - Polis
 - Tdap,Dtap
 - Pertussis
 - Flu vaccines
 - Covid-19

Allows enrollment into school after arrival in the United States includes; MMR, Hepatitis B, Chickenpox, Polio, Dtap.

- ❖ To promote health and Prevent disease outbreak we encourage refugees to get vaccinated against Covid-19.



Any Questions!

Tim Jurgens
Director of LSS center for New Americans and Refugee state coordinator
Tim.Jurgen@lsssd.org
605-212-4638

Halima Muhumed
Community Health Worker at LSS Center for New Americans
Halima.Muhumed@lsssd.org